

This menu is to provide information for people avoiding gluten in their diet. We will try our best to make items as specified. However, if you have a severe allergy to wheat, we cannot guarantee zero cross-contamination of products containing gluten, due to our volume and space constraints of our kitchen.

# AMERICAN FARE

## S T A R T E R S

HOT WINGS \*Wings are cooked in fryer with gluten items BBQ WINGS \*Wings are cooked in fryer with gluten items TOTCHOS or MINI TOTCHOS \*These are cooked in fryer with gluten items; no chili

#### **SALADS** All salad dressings are gluten-free

HOUSE SALAD Request no croutons CAESAR SALAD \*See info on bacon. Request no croutons, no crackers CLUB SALAD \*See info on bacon. Request no croutons, no chicken tenders BBQ SALAD Request no croutons GRILLED SHRIMP SALAD Request no croutons BLACKENED TILAPIA SALAD Request no croutons BASIL CHICKEN SALAD (SEASONAL) Request no croutons KATE'S SALAD \*See info on onions

## BURGERS

Request no bun. See below for side item info

HAMBURGER CHEESEBURGER BACON CHEESEBURGER \*See info on bacon FUEGO BURGER \*See info on bacon and onions SWISS BACON CHEESEBURGER \*See info on bacon BACON BLUE BURGER \*See info on bacon BEYOND BURGER Request no bun

#### AMERICANA See below for side item info

PHILLY CHEESESTEAK Request no bun MEXICAN CHEESESTEAK Request no bun CHICKEN CHEESESTEAK Request no bun CHICKEN SANDWICH Request no bun BBQ PORK or CHICKEN SANDWICH Request no bun BLACKENED TILAPIA SANDWICH Request no bun "SEXY" POLLO SANDWICH \*See info on bacon and onions. Request no bun BASIL CHICKEN SALAD SANDWICH (SEASONAL) Request no bun PAN-SEARED BLACKENED TILAPIA

## DESSERTS

ICE CREAM SUNDAE No brownie

### SIDES

FRENCH FRIES \*These are cooked in fryer with gluten items SIDE SALAD Request no croutons RICE BLACK BEANS FRUIT SAUTÉED VEGGIES & CORN COLESLAW TATER TOTS \*These are cooked in fryer with gluten items

# LATIN DISHES

#### **STARTERS**

Tortilla chips are cooked in fryer with gluten items

SALSA TOMATILLO SALSA BANDITO SALSA GUACAMOLE BLACK BEAN & CORN SALSA QUESO KIP'S QUESO NACHOS or MINI NACHOS \*Tortilla chips are cooked in fryer with gluten items; no chili CHICKEN TORTILLA SOUP \*Tortilla chips are cooked in fryer with gluten items

## SALADS

All salad dressings are gluten-free

FAJITA SALAD Request no croutons TACO SALAD \*Tortilla chips are cooked in fryer with gluten items

For all burritos, tacos, and quesadillas, we have soft corn tortillas that are gluten-free and can be substituted, or you can order as a bowl. We also have fried tortilla chips, but these are cooked in a fryer that has gluten products in it.

### **BURRITOS & BOWLS**

CHIPOTLE PORK & MUSHROOM BURRITO Request no tortilla BBQ BURRITO Request no tortilla SPINACH BURRITO Request no tortilla STEAK OR CHICKEN BURRITO Request no tortilla SUMMER BURRITO Request no tortilla BURRITO BOWLS

## FAJITAS & PAELLA

CHICKEN, STEAK or SHRIMP FAJITAS Request corn tortillas, no flour tortillas PAELLA Request no jalapeño sausage

### TACOS

TOMATILLO TACOS \*See info on onions. Request corn tortillas, no flour tortillas BANDITO TACOS \*See info on onions. Request corn tortillas, no flour tortillas

BBQ TACOS Request corn tortillas,

no flour tortillas

CHORIZO TACOS Request corn tortillas, no flour tortillas

GRILLED CHICKEN TACOS Request corn tortillas, no flour tortillas, no fried chicken VEGGIE TACOS Request corn tortillas, no flour tortillas

JALAPENO BLT TACOS \*See info on bacon. Request corn tortillas, no flour tortillas BLACKENED TILAPIA TACOS Request corn tortillas, no flour tortillas

GRILLED MAHI MAHI TACOS Request corn tortillas, no flour tortillas STEAK TACOS Request corn tortillas, no flour tortillas

#### QUESADILLAS Request corn tortillas, no flour tortillas

STEAK OR CHICKEN QUESADILLA SOUTHWEST QUESADILLA SHRIMP QUESADILLA SPINACH AND MUSHROOM QUESADILLA PEPPER QUESADILLA DAVID'S QUESADILLA MEDITERRANEAN QUESADILLA

# BRUNCH

For all brunch menu items, request corn tortilla or no tortilla (no flour tortilla). No jalapeño sausage; no tofu sausage. Note: Tater tots and the potatoes in the Lumberjack and Egg, Potato, Pepper Burrito are cooked in fryer with gluten items.

yes, gluten-free

chicken, fajita steak, shrimp, Mahi Mahi, tilapia, chorizo, philly steak, pork, chipotle sauce, BBQ sauce, hot wing sauce, all of our appetizer salsas, queso, guacamole, and white salsa

#### These items ARE NOT gluten-free:

Banana Pudding, Black Bean Burger, Brownie, Brownie Sundae, Buffalo Chicken Sandwich, Caesar Chicken Pasta, Chango, Chicken Tenders, Chili, Chorizo Pasta, Cilantro Chicken Pasta,

Cobbler, Corn Dogs, Empanadas Fried Chicken Sandwich, Fried Chicken Tacos, Fried Cod on Fried Fish Tacos, Garden Burger, Jalapeño Sausage, Mozzarella Sticks, Pasta Salad, Red Chili Sauce, Tofu Sausage